

K-6 October Lunch Menu

		10/1 Wednesday Beef Steak Fingers Mashed Potatoes/Wheat Roll OR Fiesta Salad <i>Above with:</i> Steamed Broccoli Baby Carrots Fresh Banana 1% or Skim Milk Bottled Water	10/2 Thursday Chicken Fajita Quesadilla OR Wow Butter and Jelly Sandwich <i>Above with:</i> Romaine Side Salad Charro Beans Fresh Grapes 1% or Skim Milk Bottled Water	10/3 Friday Clux Deluxe Chicken Sandwich OR Harvest Salad <i>Above with:</i> Potato Rounds Lettuce/ Tomato/ Pickle Cup Fresh Red Apple Slices 1% or Skim Milk Bottled Water
10/6 Monday	10/7 Tuesday	10/8 Wednesday	10/9 Thursday	10/10 Friday
BBQ Chicken Flatbread OR Turkey and Cheese Wrap Sun Chips <i>Above with:</i> Steamed Broccoli Baby Carrots Pineapple Tidbits 1% or Skim Milk Bottled Water	Chicken Fajita Taco Chips and Salsa OR Wow Butter and Jelly Sandwich <i>Above with:</i> Romaine Side Salad Charro Beans Applesauce Cup 1% or Skim Milk Bottled Water	Cheese Stuffed Breadsticks with Marinara OR Fiesta Salad <i>Above with:</i> California Vegetable Blend Fresh Orange Wedges 1% or Skim Milk Bottled Water <p style="text-align: center;">Treat Day!</p>	Cheeseburger/ Hamburger OR Wow Butter and Jelly Sandwich <i>Above with:</i> Potato Rounds Lettuce/ Tomato/ Pickle Cup Fresh Grapes 1% or Skim Milk Bottled Water	Chicken Tenders with Mashed Potatoes/ Gravy OR Asian Chicken Salad <i>Above with:</i> Baby Carrots Wheat Roll Strawberry Craisins 1% or Skim Milk Bottled Water
10/13 Monday	10/14 Tuesday	10/15 Wednesday	10/16 Thursday	10/17 Friday <i>Early Release</i>
Big Daddy Cheese Pizza OR Deli Sub Sun Chips <i>Above with:</i> Green Beans Baby Carrots Mandarin Orange Slices 1% or Skim Milk Bottled Water	Beef Nacho Bowl OR Wow Butter and Jelly Sandwich <i>Above with:</i> Cucumber Slices Steamed Corn Mixed Fruit 1% or Skim Milk Bottled Water <p style="text-align: center;">Treat Day!</p>	Chicken Bites with Macaroni and Cheese/ Roll OR Fiesta Salad <i>Above with:</i> Tossed Salad Baby Carrots Fresh Grapes 1% or Skim Milk Bottled Water	Creamy Chicken Alfredo Garlic Toast OR Wow Butter and Jelly Sandwich <i>Above with:</i> Steamed Broccoli Cucumber Slices Fresh Banana 1% or Skim Milk Bottled Water	BBQ Rib Sandwich <i>Above with:</i> Baked Beans Potato Smiles Fresh Orange Wedges 1% or Skim Milk Bottled Water
10/20 Monday	10/21 Tuesday	10/22 Wednesday	10/23 Thursday	10/24 Friday
Grilled Honey Barbecue Chicken Nuggets Wheat Roll OR Grilled Cheese Sandwich Sun Chips <i>Above with:</i> Scalloped Potatoes Baby Carrots Sliced Peaches 1% or Skim Milk Bottled Water <p style="text-align: center;">Treat Day!</p>	Tomato Cheddar Macaroni Bake OR Wow Butter and Jelly Sandwich <i>Above with:</i> Garden Salad Steamed Corn Fresh Orange Wedges 1% or Skim Milk Bottled Water	Beef Steak Fingers Mashed Potatoes/Wheat Roll OR Fiesta Salad <i>Above with:</i> Steamed Broccoli Baby Carrots Fresh Banana 1% or Skim Milk Bottled Water	Chicken Fajita Quesadilla OR Wow Butter and Jelly Sandwich <i>Above with:</i> Romaine Side Salad Charro Beans Fresh Grapes 1% or Skim Milk Bottled Water	Clux Deluxe Chicken Sandwich OR Harvest Salad <i>Above with:</i> Potato Rounds Lettuce/ Tomato/ Pickle Cup Fresh Red Apple Slices 1% or Skim Milk Bottled Water
10/27 Monday	10/28 Tuesday	10/29 Wednesday	10/30 Thursday	10/31 Friday
BBQ Chicken Flatbread OR Turkey and Cheese Wrap Sun Chips <i>Above with:</i> Steamed Broccoli Baby Carrots Pineapple Tidbits 1% or Skim Milk Bottled Water	Chicken Fajita Taco Chips and Salsa OR Wow Butter and Jelly Sandwich <i>Above with:</i> Romaine Side Salad Charro Beans Applesauce Cup 1% or Skim Milk Bottled Water	Cheese Stuffed Breadsticks with Marinara OR Fiesta Salad <i>Above with:</i> California Vegetable Blend Fresh Orange Wedges 1% or Skim Milk Bottled Water <p style="text-align: center;">Treat Day!</p>	Cheeseburger/ Hamburger OR Wow Butter and Jelly Sandwich <i>Above with:</i> Potato Rounds Lettuce/ Tomato/ Pickle Cup Fresh Grapes 1% or Skim Milk Bottled Water	Chicken Tenders with Mashed Potatoes/ Gravy OR Asian Chicken Salad <i>Above with:</i> Baby Carrots Wheat Roll Strawberry Craisins 1% or Skim Milk Bottled Water



MEAL PRICES

\$2.55 Full Price Student Meal

\$.40 Reduced Price Student Meal

\$3.25 Non Student Meal/ 2nd Meal

Extras: Entrée-. 2.00 Milk-.80 Fruit/ Vegetable/ Bread-.90 Bottled Water-.30

One A la carte item below available on Friday only for an additional cost. Selection varies by school.
Cookie-.50 Chips-.60 Ice Cream-.60

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.