

## October Breakfast Menu K-12



		10/1 Wednesday	10/2 Thursday	10/3 Friday
		Breakfast Bagel <b>OR</b> Cereal and Muffin  <b>Above With:</b> 1% or Skim Milk Juice and Fruit	French Toast Sticks <b>OR</b> Cereal and Yogurt  <b>Above With:</b> 1% or Skim Milk Juice and Fruit	Whole Grain Breakfast Pizza <b>OR</b> Cereal and Muffin  <b>Above With:</b> 1% or Skim Milk Juice and Fruit
10/6 Monday	10/7 Tuesday	10/8 Wednesday	10/9 Thursday	10/10 Friday
Whole Grain Pancake on a Stick <b>OR</b> Cereal and Muffin  <b>Above With:</b> 1% or Skim Milk Juice and Fruit	Breakfast Slider <b>OR</b> Cereal and Yogurt  <b>Above With:</b> 1% or Skim Milk Juice and Fruit	Mini Blueberry Pancakes with Sausage Link <b>OR</b> Cereal and Muffin  <b>Above With:</b> 1% or Skim Milk Juice and Fruit	Turkey Ham and Cheese Kolache Bites <b>OR</b> Cereal and Yogurt  <b>Above With:</b> 1% or Skim Milk Juice and Fruit	Sausage on a Bun <b>OR</b> Cereal and Muffin  <b>Above With:</b> 1% or Skim Milk Juice and Fruit
10/13 Monday	10/14 Tuesday	10/15 Wednesday	10/16 Thursday	10/17 Friday
Sausage and Cheese Breakfast Toast <b>OR</b> Cereal and Muffin  <b>Above With:</b> 1% or Skim Milk Juice and Fruit	Chicken Sticks with Waffles <b>OR</b> Cereal and Yogurt  <b>Above With:</b> 1% or Skim Milk Juice and Fruit	Breakfast Bagel <b>OR</b> Cereal and Muffin  <b>Above With:</b> 1% or Skim Milk Juice and Fruit	French Toast Sticks <b>OR</b> Cereal and Yogurt  <b>Above With:</b> 1% or Skim Milk Juice and Fruit	Whole Grain Breakfast Pizza <b>OR</b> Cereal and Muffin  <b>Above With:</b> 1% or Skim Milk Juice and Fruit
10/20 Monday	10/21 Tuesday	10/22 Wednesday	10/23 Thursday	10/24 Friday
Whole Grain Pancake on a Stick <b>OR</b> Cereal and Muffin  <b>Above With:</b> 1% or Skim Milk Juice and Fruit	Breakfast Slider <b>OR</b> Cereal and Yogurt  <b>Above With:</b> 1% or Skim Milk Juice and Fruit	Mini Blueberry Pancakes with Sausage Link <b>OR</b> Cereal and Muffin  <b>Above With:</b> 1% or Skim Milk Juice and Fruit	Turkey Ham and Cheese Kolache Bites <b>OR</b> Cereal and Yogurt  <b>Above With:</b> 1% or Skim Milk Juice and Fruit	Sausage on a Bun <b>OR</b> Cereal and Muffin  <b>Above With:</b> 1% or Skim Milk Juice and Fruit
10/27 Monday	10/28 Tuesday	10/29 Wednesday	10/30 Thursday	10/31 Friday
Sausage and Cheese Breakfast Toast <b>OR</b> Cereal and Muffin  <b>Above With:</b> 1% or Skim Milk Juice and Fruit	Chicken Sticks with Waffles <b>OR</b> Cereal and Yogurt  <b>Above With:</b> 1% or Skim Milk Juice and Fruit	Breakfast Bagel <b>OR</b> Cereal and Muffin  <b>Above With:</b> 1% or Skim Milk Juice and Fruit	French Toast Sticks <b>OR</b> Cereal and Yogurt  <b>Above With:</b> 1% or Skim Milk Juice and Fruit	Whole Grain Breakfast Pizza <b>OR</b> Cereal and Muffin  <b>Above With:</b> 1% or Skim Milk Juice and Fruit
		<b>MEAL PRICES</b> \$1.15 Full Price Student Meal \$ .30 Reduced Price Student Meal \$2.10 Non Student Meal/ 2 <sup>nd</sup> Meal		<b style="color: red;">NEW!</b> Students Must Take a Fruit or Juice with Breakfast Meal
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